

# *a guard on your heart and mind*

3 easy Bible steps.....

Some Christians walk in peace and victory and lead a joyous life. Other Christians walk in doubt and lead defeated lives. One of the reasons is they fail to walk in these 3 easy steps that the Lord laid out for all of us in Phil. Chapter 4:

**1. Rejoice in the Lord always:** Not only is the joy of the Lord our strength, but an attitude of joy is really spiritual warfare and arms us for the day.

**2. Let your gentleness be known to everyone:** Gentleness is happiness because it frees us from competition. It has a calming effect because we know God is in control.

**3. Be anxious for nothing:** Don't worry about anything is the message. These traits are linked together. When you rejoice in the Lord you realize He is in control, then you can be gentle with all circumstances, and that leads to trust knowing the God you serve will never fail you. Pray your needs to God: unload the burdens, praise and thank Him and watch the load lift off of you.

Finally the peace comes: Now you have it, you're unshakable, unmovable, your joy no

one can take from you. This peace acts as an umpire over your mind. It guards both the mind and the heart releasing you to lead a joyful life. God has no favorites. Those who exercise these disciplines walk in His favor and love!

Pastor Chambers

---

## Don't miss the second installment of "Miraculous May"

May 14, 7pm

Last week the Holy Spirit fell and God moved wonderfully in the service. This week "healing the children's bread"  
Prayer for all the sick present!

---

### Youth Service

In

Los Angeles

Fri., May 15<sup>th</sup>

Transportation leaves 6pm

Returns at 11pm



"I'm not sure but you may have the wrong one."

*Aren't you glad God never mixes us up? He knows everything about us, keeps track of it and is concerned with the smallest things, what a God!!*